

MEDICATIONS:

Your prescriptions were provided in your surgical packet. These should have been filled prior to the date of your surgery.

Wash Hands Before and After Instilling Eye Medications! Use medications as instructed. **DO NOT** stop any of the drops until directed to do so **BY THE DOCTOR.**

To instill an eye drop – you will need to tilt your head back slightly, pull down your lower eye lid and place the drop in the inside of the lower lid. Wait four minutes prior to instilling another eye drop.

**POST-OP
INSTRUCTIONS:**

If you **DO NOT** have a gas bubble in your eye, you may read, write and watch television as much as you can tolerate. Do not lift anything more than 10 pounds.

Wear the eye shield at bedtime.

Dark glasses may be soothing, but are not necessary if not outside.

**POST-OP
INSTRUCTIONS:**

If you DO have a gas bubble in your eye, for the first ten to fourteen days after surgery you will need to keep your head in a horizontal position. You will need to sleep on your stomach. DO NOT RUB THE OPERATED EYE! Wear the eye shield at bedtime.

Dark glasses may be soothing, but are not necessary if not outside.

DIET:

You may resume your normal diet.

BATHING:

You may take a tub bath. Take special precaution to keep your head **DOWN**. Keep soapy/dirty water away from your face and eye. Do not shampoo your hair until given clearance by the Doctor.

EMERGENCIES:

In the vast majority of cases, recovery is uneventful. However, should you experience significant pain, loss of vision or flashing lights in the operated eye, call the office **IMMEDIATELY** at 610-272-1644.