

Laser Treatment Procedures

- You will be seated in the exam chair in the exam room and your paperwork will be reviewed.
- You will be asked to sign a consent form for the appropriate procedure.
- You will receive numbing drops in the operative eye.
- The doctor will position you in the headrest and will put a contact lens in the operative eye suited to the procedure. You will be asked to look at a target light to properly position your eye for treatment.
- A technician will brace the back of your head to help keep you steady during the procedure and to prevent involuntary slipping out of the headrest.
- The doctor will perform the laser treatment. He may instruct you to follow a target light at different times in different positions during the treatment. Otherwise you are asked to keep very still and focused on a specific point.
- Upon completion of the treatment the doctor will remove the contact lens. You will be asked not to touch eye. Using several tissues and sterile water a technician will clean the contact solution from your eye.
- You will be instructed to not rub the operative eye later that day. You may be given instruction to use a warm, wet compress on the operative eye to draw out any stickiness once you get home.
- Different Laser Treatments are performed for different eye conditions, including:
 - PRP or Focal treatment for Diabetic Retinopathy
 - ALT, SLT or Iridotomy for Glaucoma
 - Photocoagulation for Retinal Tears, Holes or Detachments

